



**Audubon Society
of Rhode Island**

Edible Wild Plants Walk

Date and Time: July 20, 2023; 1:00-4:00pm

Location: Audubon Society of RI Nature Center and Aquarium, 1401 Hope Street, Bristol, RI 02809

Contact: 401-949-5454 or www.asri.org

Fee: \$20/Audubon Society of RI member; \$25/non-member

Ages: Adult

The East Bay region is home to over 90 species of edible wild plants, some of which are more nutritious and/or flavorful than their cultivated counterparts. These include native species like spicebush and sassafras, edible weeds like purslane and chicory, and edible invasives like wineberry and black locust.

Join Russ Cohen, expert forager and author of “Wild Plants I Have Known...and Eaten”, on an evening ramble to learn about at least two dozen edible plant species, including coastal species like orach and sea rocket. Russ will present information on identification tips, edible portion(s), season(s) of availability and preparation methods. He will also provide general guidelines for safe and environmentally-responsible foraging.

To register: <https://asri.doubleknot.com/event/calendar/2741>