

# These Dunes Aren't Made for Walking



## Heading to the beach? Be kind to the dune plants!

Dunes provide a first line of defense against storm waves and flooding. By trapping wind-blown sand, dune plants help build and stabilize the dunes. They also provide important benefits, such as wildlife habitat.

Although dune plants can tolerate harsh coastal conditions, they can't withstand the pounding of feet and vehicles.

**Protect the dunes.  
Use designated access ways.**



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