

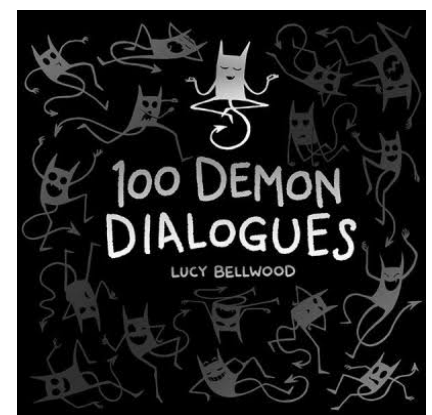


# Purge your INNER DEMONS

With cartoonist **Lucy Bellwood** author of **100 Demon Dialogues**  
**7 pm Saturday, June 23** at Eight Cousins Books, Falmouth,  
cosponsored by the WHOI Women's Committee

Are you second guessing that talk you just gave?  
Wondering if you REALLY have what it takes to  
make it in your field (even after years of success)?  
It's time to SMACK DOWN those demons inside  
your head - or at least get a good laugh about  
them.

This collection of comics traces Bellwood's  
changing relationship with her Inner Critic over  
100 consecutive days. She's taking the book on the  
road to hear your stories of living with imposter  
syndrome. If you've ever felt like you're a fake or a  
failure, this collection of comics is guaranteed to  
make you feel less alone.



<https://www.eightcousins.com/event/100-demon-dialogues>