

*Did you know...*

*Dandelion Roots or Leaves prevent osteoporosis and are an anticancer powerhouse? EMBRACE the Dandelion!*

*Herbs & "weeds" have been identified and used since prehistoric times and produce chemical compounds with therapeutic human effects AND deterrent effects against garden pests of all kinds.*

## *Herbs for Health and Homegrown Organic Pest Control*

*Thursday May 18, 5:30-7:30 P.M.  
Cedar Spring Herb Farm\*  
159 Long Pond Drive (exit 10 north off Rte 6)  
Harwich, MA 02645*

*Discover how to grow and create effective herbal healing remedies and Learn more about Mother Nature's healing powers from herbalist-  
Donna Eaton.*

*\*Cedar Spring Herb Farm is a registered United Plant Savers Botanical Sanctuary working to protect endangered medicinal plants.*

*Sponsored by GreenCAPE [www.GreenCAPE.org](http://www.GreenCAPE.org)*

*Pre-registration required: Call 508.362.5927 or email [info@GreenCAPE.org](mailto:info@GreenCAPE.org)*

*Free (\$5 suggested donation)*